

# 50 Speaking Phrases for Band 7+

Phrases that boost Fluency & Lexical Resource instantly

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## Giving Opinions (Part 1 & 3)

PHRASE	WHY IT WORKS
I'd say that...	Neutral, natural opener
From my perspective,...	Shows range
Personally, I'm of the opinion that...	Formal, Band 7+
I tend to think that...	Hedging = mature answer
It's widely believed that..., but I think...	Shows critical thinking

## Extending Answers (Part 1)

PHRASE	WHY IT WORKS
...and what I mean by that is...	Self-extension
To give you an example,...	Natural example intro
That reminds me of...	Connects to personal experience
It's worth mentioning that...	Adds depth
Actually, come to think of it,...	Natural self-correction = fluency marker

## Part 2: Starting Your Talk

PHRASE	WHY IT WORKS
I'd like to talk about...	Simple, effective opener
The [thing] that immediately springs to mind is...	Shows fluency
If I had to choose one [topic], it would have to be...	Confident start
This is something I feel quite strongly about...	Engagement
Let me tell you about...	Direct, conversational

## Part 2: Describing Details

PHRASE	WHY IT WORKS
What really stands out about it is...	Highlighting features
The thing that makes it special is...	Evaluation
If I remember correctly,...	Natural hedging
To paint you a picture,...	Vivid description signal
It's the kind of [thing] that...	Classification

## Part 3: Discussing Ideas

PHRASE	WHY IT WORKS
That's a really thought-provoking question...	Buys thinking time
I suppose it depends on...	Shows nuance
On the one hand..., but on the other hand...	Balanced view
There's no denying that...	Strong agreement
Having said that,...	Concession = Band 7 discourse marker

## Part 3: Giving Examples

PHRASE	WHY IT WORKS
A case in point would be...	Formal example
Take [X] for instance,...	Natural example
To illustrate what I mean,...	Academic example
You only have to look at... to see that...	Evidence-based
A prime example of this is...	Strong example

## Hedging & Qualifying

PHRASE	WHY IT WORKS
To a certain extent,...	Nuance
It's not always the case that...	Qualification
Generally speaking,...	Safe generalisation
More often than not,...	Frequency hedging
I wouldn't go so far as to say..., but...	Careful disagreement

## Comparing & Contrasting

PHRASE	WHY IT WORKS
Compared to [X], [Y] is significantly more...	Direct comparison
Unlike in the past,...	Time comparison
There's a stark contrast between...	Strong contrast
Similarly,...	Drawing parallels
Whereas [X] tends to..., [Y] is more likely to...	Formal contrast

## Speculating (Part 3)

PHRASE	WHY IT WORKS
I imagine that...	Soft speculation
It's quite possible that...	Moderate certainty

In all likelihood,...	Strong prediction
If current trends continue,...	Conditional speculation
It remains to be seen whether...	Open-ended = shows maturity

## Concluding / Wrapping Up

PHRASE	WHY IT WORKS
So all in all,...	Natural conclusion
To sum up,...	Brief wrap
The bottom line is...	Direct conclusion
At the end of the day,...	Conversational close
So that's basically why I think...	Circles back to opinion